



DAILY EATS BRUNCH



BREAKFAST BOWLS

THE MONDAY MORNING (served daily) **GF**
scrambled egg whites with diced red onion, fried jalapeños, chopped turkey sausage & american cheese served over fresh spinach

TOAST & EGGS
scrambled eggs over chopped classic french toast
add **Cap'N Crunch +1**

BREAKFAST FIESTA **GF** **V**
scrambled eggs with cheddar cheese, corn, black beans, pickled jalapeños, diced tomato & chopped turkey sausage served over home fries topped with cheese sauce, smashed avocado & scallion

THE MEATY **GF**
scrambled eggs & cheddar cheese with your choice of crumbled bacon, chopped turkey sausage, corned beef or ham served over home fries

THE TIJUANA **GF**
scrambled eggs with diced tomato topped with DE veggie chili, shredded jalapeño jack, pickled jalapeños & smashed avocado served over home fries

CAP'N CLUCK **V**
scrambled eggs on top of our Chef's famous Cap'N Crunch® french toast topped with our handmade chicken tenders drizzled with Sriracha honey

STEAK & EGGS **GF**
scrambled eggs with shaved seasoned NY strip, sautéed green peppers, caramelized onion & provolone cheese served over home fries

THE LOX **GF**
scrambled eggs with scallion, diced red onion & tomato served over home fries topped with smoked salmon & a side of scallion cream cheese

GRIDDLE DELIGHTS

CHOOSE YOUR SIDE:
GRITS | HOME FRIES | FRESH FRUIT | OATMEAL
ADDITIONAL TOPPINGS +1 ea

CHOCOLATE CHIPS, BLUEBERRIES, SLICED STRAWBERRIES, CARAMEL, OREOS, BANANA, CANDIED PECANS, PEANUT BUTTER CHIPS, GRANOLA OR CAP'N CRUNCH®

WHOLE WHEAT BUTTERMILK PANCAKES (3) 7.5
Whole wheat & buttermilk flour pancakes with a touch of cinnamon

GLUTEN FREE PANCAKES (3) **GF** 8.5
Our special mix of tapioca & rice flour

FRENCH TOAST (3) 8
Classic battered french toast with a touch of cinnamon & vanilla

CHEF'S FAMOUS CAP'N CRUNCH FRENCH TOAST (3) **V** 9
A twist on an old school favorite. Traditional french toast coated with Cap'N Crunch® cereal.

LEMON RICOTTA PANCAKES (3) 9
Traditional style pancakes with fresh lemon zest & creamy ricotta topped with strawberry compote

EGG - SENTIALS

CHOOSE YOUR SIDE:
GRITS | HOME FRIES | FRESH FRUIT | OATMEAL

2 EGGS ANY STYLE 5
add 1 egg 1 ea

choose your toast
multi-grain, marble rye, english muffin
bagel +1 (multi-grain, everything or plain)

add choice of meat 3 ea
turkey sausage links, grilled ham, applewood bacon, corned beef or DE homemade turkey & potato hash

EGG SANDWICH

CHOOSE YOUR SIDE:
GRITS | HOME FRIES | FRESH FRUIT | OATMEAL

2 EGGS (any style) 8
choice of bread (choice of 1)
multi-grain, brioche, english muffin, sourdough, DE bun
gluten free bun, vegan ciabatta or bagel (multi-grain, everything or plain) +1
choice of cheese (choice of 1)
vermont cheddar, swiss, jalapeño jack, american, provolone, feta or goat
choice of meat (choice of 1)
shredded natural chicken, shredded turkey breast, shaved seasoned NY strip, grilled ham, applewood bacon, corned beef or chopped turkey sausage

Our eggs are natural and cage free

Consumer Advisory

Consuming raw or under cooked meats, eggs, poultry, seafood or shellfish increases your risk of contracting a food born illness especially if you have certain medical conditions.
*Peanuts used on premise. If you have dietary restrictions, please alert your server so your food can be prepared properly.

CEREALIOUSLY GOOD

10 **STRAWBERRY, BLUEBERRY or BANANA PARFAIT** (any combination of 2) 8.5
sliced strawberries, blueberries or banana slices, crunchy granola & creamy vanilla yogurt

9 **GOOD MORNING ... HONEY** 6/9
fresh mixed fruit, sliced strawberries, candied pecans, crunchy granola & creamy vanilla yogurt topped with whipped cream & honey

10 **ACAI BOWL** 9
fresh sliced strawberries & banana, blueberries, peanut butter, granola & acai sorbet

8.5 **DAILYEATS STYLE OATMEAL** 6/8
hot oatmeal with sliced banana, blueberries, candied pecans & a honey drizzle

OATMEAL 4/6
ADDITIONAL TOPPINGS .50 ea
chocolate chips, blueberries, sliced strawberries, caramel, oreos, candied pecans, sliced banana, peanut butter chips or granola

BENEDICTS

CHOOSE YOUR SIDE:
GRITS | HOME FRIES | FRESH FRUIT | OATMEAL

10 **TRADITIONALIST** 9
two poached eggs & grilled ham on top of a crispy english muffin with creamy hollandaise

12 **NEW YORKER** **V** 12
a crispy english muffin layered with scallion cream cheese & chilled smoked salmon topped with two poached eggs, creamy hollandaise, diced red onion, tomato & scallion

12 **BROAD ST. BULLY** 11.5
two poached eggs on top of shaved seasoned NY strip, sautéed mushrooms, caramelized onion & american cheese over a crispy english muffin with creamy hollandaise

12 **BENNY THE GREEN** 9
grilled multi-grain bread with fresh smashed avocado & two poached eggs topped with creamy hollandaise & scallion

8.5 **GOBBLER** 9.5
two poached eggs on top of our DE homemade turkey & potato hash, over a crispy english muffin topped with creamy hollandaise

8 **FLORENTINE** 9.5
sliced tomato & fresh spinach topped with two poached eggs & creamy hollandaise on top of a crispy english muffin

OMELETS

CHOOSE YOUR SIDE:
GRITS | HOME FRIES | FRESH FRUIT | OATMEAL
CHOOSE YOUR BREAD:
MULTI-GRAIN | MARBLE RYE | ENGLISH MUFFIN | BAGEL +1 (multi-grain, plain, everything)

CARNIVORE **GF** 9.5
crumbled bacon, chopped turkey sausage, diced ham & scallion with cheddar cheese

MEXICAN **GF** **V** 9.5
jalapeño jack cheese, DE veggie chili & diced tomato topped with chipotle sour cream & smashed avocado

CALIFORNIAN **GF** 10
shredded turkey breast, crumbled bacon & swiss cheese topped with smashed avocado

THE GOAT **GF** 9.5
goat cheese & sautéed spinach topped with smashed avocado

CREATE YOUR OWN **GF** 6
GO AHEAD, EGG-SPRESS YOUR CREATIVE SIDE

add choice of veggies .50 ea
green bell pepper, diced red onion, sautéed mushrooms, spinach, broccoli, corn, caramelized onion, pickled jalapeños, black olives, diced tomato or black beans

add choice of meat 1 ea
shredded natural chicken, shredded turkey breast, diced ham, gyro, corned beef, crumbled bacon, shaved seasoned NY strip or chopped turkey sausage

add choice of cheese 1 ea
vermont cheddar, swiss, jalapeño jack, american, provolone, feta or goat

OMELET EXTRAS

add an extra egg 1 ea

add smoked salmon 2

add smashed avocado or DE veggie chili 1 ea

ALL EGG WHITES! a healthy & delicious alternative! +1

GF Gluten Free *May contain traces of gluten

STAFF FAVES

CHOOSE YOUR SIDE:

GRITS | HOME FRIES | FRESH FRUIT | OATMEAL

THE GIGANTE

two eggs cooked your way, applewood bacon, two silver dollar whole wheat buttermilk pancakes

choice of toast

multi-grain, marble rye, english muffin or

bagel +1 (multi-grain, plain or everything)

(gluten free options available)

JERSEY SHORE BAGEL

DE angus burger, applewood bacon, sliced red onion & a fried egg served on an everything bagel with cream cheese

9.5

AVO TOASTS

add 1 egg any style 1 ea

JL smashed avocado, corn, diced tomato, red pepper flakes & a sprinkle of hemp seeds

ERICA'S smashed avocado, fresh cracked black pepper, red chili flakes & fresh lime juice

MEXI smashed avocado, diced tomato, cilantro, serrano peppers & fresh lime juice

6

11

HOUSE SPECIALTIES

*SERVED AFTER 11 AM

CHOOSE YOUR SIDE:

FRIES | TOTS | SALAD | COLE SLAW | FRESH FRUIT

DAILY EATS HOMEMADE CHICKEN TENDERS

served with creamy cole slaw & honey mustard for dipping

BLTA+

stacked with applewood bacon, lettuce, sliced tomato & guacamole served on grilled sourdough

plus+

shredded natural chicken, shredded turkey breast, 2 eggs, corned beef shaved seasoned NY strip +2 ea +3

MEMPHIS SOUTHERN FRIED CHICKEN SANDWICH

buttermilk dipped natural chicken breast coated in seasoned flour topped with country remoulade sauce, housemade pickle slices and lettuce on our DE bun

BUFFALO STYLE +1.5

tossed in our spicy buffalo sauce then topped with creamy melted bleu cheese on our DE bun

10.5

8

10

DAILY EATS BURGER

choice of black angus, turkey burger or veggie burger with lettuce, tomato, red onion, pickle & a side of DE special sauce served on a DE bun

add cheese 1 ea

american, cheddar, swiss, provolone, jalapeño jack, feta, bleu or goat

add toppings 1 ea

smashed avocado, caramelized onion, sautéed mushrooms, jalapeños, fried egg or applewood bacon

DOUBLE BURGER 11.5

PATTY MELT

choice of black angus, turkey or veggie burger with melted cheddar & american, caramelized onion & DE special sauce served on grilled marble rye

ULTIMATE TWO CHEESE GRILLER

melted cheddar & american cheeses served on brioche

LOAD IT UP!

with grilled ham, sliced tomato, applewood bacon & caramelized onion

9

10.5

6

8

SHREDDER BOWLS

HOW WE DO IT!

*SERVED AFTER 11 AM

1 CHOOSE A STYLE!

BACON CHEESE BURGER

chopped angus burger, caramelized onion, crumbled bacon, shredded cheddar, diced tomato & pickle with our DE special sauce

GREEK

combination of gyro meat & shredded natural chicken, cucumber, kalamata olives, onion, pepperoncini, garbanzo beans, feta, white balsamic vinaigrette & a tzatziki drizzle

BUFFALO CHICKEN

crispy natural chicken tossed in buffalo sauce with bleu cheese crumbles, diced celery & bleu cheese dressing

NEW YORK BLEU

shaved seasoned NY strip, sautéed mushrooms, diced tomato & red onion, bleu cheese crumbles & crumbled bacon tossed with cajun horseradish dressing

6.5/10

6.5/10

6.5/10

7.5/11

NEW MEXICAN

shredded natural chicken, DE veggie chili, jalapeño jack cheese, diced tomato & red onion, tossed in chipotle sour cream & topped with DE guacamole

FRIED CHICKEN RANCH

crispy natural chicken, cheddar cheese, crumbled bacon, diced tomato & red onion in ranch dressing

THAI PEANUT

shredded natural chicken, broccoli, shredded carrot, scallion & spicy thai peanut sauce topped with crushed peanuts

CALI

shredded natural chicken, shredded carrot, cucumber & diced tomato in a white balsamic vinaigrette topped with goat cheese & smashed avocado

6.5/10

6.5/10

6.5/10

6.5/10

2 CHOOSE A BASE

BROWN RICE
QUINOA (+1)

3 CHOOSE A GREENS MIX

NAPA ROMAINE BLEND
KALE SLAW
SPINACH

4 SWITCH UP YOUR PROTEIN

NATURAL CHICKEN BREAST
SHREDDED TURKEY BREAST
VEGGIE BURGER
CHOPPED ANGUS BURGER
SHAVED SEASONED NY STRIP +2

EXTRAS!

BACON CHEESE GRITS 4

GRITS OR HOMEFRIES 3

add cheese +1

(1) PANCAKE or FRENCH TOAST 2

(2) SHORT STACK PANCAKES or FRENCH TOAST 5

sub gluten free pancakes (tapioca & rice flour) +1

or lemon ricotta pancakes (w/ strawberry compote)

add Cap'n Crunch +1

add toppings 1 ea

SMASHED AVOCADO 1

GRANOLA & YOGURT 4

add sliced banana, blueberries or sliced strawberries 1 ea

DE HOMEMADE TURKEY & POTATO HASH 5

with green bell peppers & caramelized onions

SMOKED SALMON 5

diced red onion, , diced tomato & scallion

DAILY FRIES OR TOTS 2.5/4

CHEESE FRIES OR TOTS 3.5/5.5

CHILI CHEESE FRIES OR TOTS 3.5/5.5

SWEET POTATO FRIES 3.5/6

DE VEGGIE CHILI 3 cup/5 bowl

FRIED PICKLES 6

HOMEFRY OR TATER HATER 3.5/6

with shredded cheddar, cheese sauce, crumbled smoked bacon, pickled jalapeño, diced tomato & scallion

(3) TURKEY SAUSAGE, BACON OR HAM 3.5

SIDE HOUSE *after 11 am 3

MIXED FRUIT CUP 3.5

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